



*Southern Society
of Physical Medicine
& Rehabilitation*

*Sponsors**

The 40th Annual Meeting
Friday - Sunday, May 9 - 11, 2008



**The Iberville Suites
New Orleans, LA**



*THIS ACTIVITY IS JOINTLY SPONSORED BY THE
AMERICAN BOARD OF QUALITY ASSURANCE AND UTILIZATION REVIEW PHYSICIANS

Make Plans to Attend Southern Society of Physical Medicine & Rehabilitation 2008 Annual Conference

The SSPMR 2008 Conference will feature a faculty of physicians, some nationally recognized, from various medical specialties. This content-filled conference will provide the physical medicine and rehabilitation specialist with sophisticated diagnostic guidelines and information about cutting-edge techniques.

How Do I Register? Complete the enclosed Registration Form and mail it with your check payable to SSPMR, P.O. Box 330298, Atlantic Beach, FL 32233-0298.

How Do I Book a Room at the Hotel? Call 866 229 4351 and tell them you are with the Southern Society of Physical Medicine and Rehabilitation, for a rate of \$119. **These rates are available only through Wednesday, April 9, 2008**

The Iberville Suites

Part of The Ritz-Carlton Hotels of New Orleans complex, the Iberville Suites is managed by The Ritz-Carlton Hotel Company, but with a lower price point than the main hotel and featuring Ritz-Carlton trained staff and access to Ritz-Carlton services. Situated one block from Canal Street in the French Quarter, and one block from Bourbon Street, area attractions are within walking distance.

The Iberville Suites is wrapped in history. It is often referred to as “golden” since it is the hotel where Halle Berry stayed when filming *Monster’s Ball*, the movie for which she garnered an Academy Award.

Not only are you an honored guest in a magnificent building of Historic District Landmark status, but you are located at the dividing line between the old and the new. Built in the art nouveau style favored around the

Accreditation Information

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the American Board of Quality Assurance and Utilization Review Physicians, Inc. and Southern Society of Physical Medicine and Rehabilitation (SSPMR).

*The American Board of Quality Assurance and Utilization Review Physicians, Inc. designates this educational activity for a maximum of **10** AMA PRA Category 1 Credits(tm). Physicians should only claim credit commensurate with the extent of their participation in the activity.*

*The American Board of Quality Assurance and Utilization Review Physicians, Inc. (ABQAPR) is an approved provider with the Florida Board of Nursing to provide continuing education for nurses. ABQAPR designates this activity for **10** contact hours through the Florida Board of Nursing, Provider # 50-94.*

turn of the century, the site’s history can be traced back to the mid 1800’s, when several Greek-temple inspired structures housed early attractions including the Grand Opera House, the Union Terrace Apartments, and the Varieties Theatre.



MÉLANGE

Saturday Night Dinner

Mélange is the newest signature restaurant of The Ritz-Carlton, New Orleans. Mélange, French for mixture, combines classical as well as Creole dishes from the best and most acclaimed restaurants in the Crescent City. This Classic New Orleans venue features live jazz nightly with celebrity jazz trumpeter and entertainer Jeremy Davenport.



Friday Night, May 9, 2008

6 – 7:30 pm Reception - Exhibit Room

Saturday, May 10, 2008

**7:30 – 8 am Breakfast/Registration
Exhibit Room**

8 – 8:15 am Welcome/Program Room
*Therese L Ritter MD, President
New Iberia LA*

8:15 – 9:15 am “EMG Pearls”
*Stephen Kishner MD
Professor of Clinical Medicine
Program Director
Physical Medicine and Rehabilitation
Residency Program
Louisiana State University
Health Sciences Center
New Orleans LA*

9:15 – 10:15 am “Differentiating the Toxins”
*Ronald B Tolchin DO, FAAPM&R
Chief, Physical Medicine and
Rehabilitation
Miami VA Healthcare System
Voluntary Clinical Assistant
Professor and Associate Residency
Director, Department of Physical
Medicine and Rehabilitation
University of Miami
Miller School of Medicine
Miami FL*

10:15 – 10:45 am Break/Exhibit Room



**10:45 – 11:45 am “The Truth about
Vertebral Augmentation: What
Companies Will Not Tell You
About Vertebroplasty,
Kyphoplasty, & Sacroplasty”**

*Michael E Frey MD
Clinical Assistant Professor
Virginia Commonwealth University
Department of PM&R
Director of Interventional Physiatry
Advanced Pain Management and Spine
Specialists
Fort Myers FL*

11:45 am – 12:30 pm Lunch

**12:30 – 1 pm Annual Business
Meeting**

**1 – 2 pm “What Physiatrists Need to Know
about Osteopathy and
Manual Medicine”**
Ronald Tolchin DO

**2 – 3 pm “EMG Findings in Lumbar Spinal
Stenosis”**
Stephen Kishner, MD

3 – 3:30 pm Break/Exhibit room



3:30 – 4:30 pm “Laboratory Diagnosis of Rheumatic Diseases”

*Joseph J Biundo Jr MD
Clinical Professor of Medicine
Tulane Medical Center
New Orleans LA*

Saturday Night, May 10, 2008

6 – 8:00 pm Dinner at Mélange - Inside Ritz Carlton Hotel

Sunday, May 11, 2008

7:30 – 8 am Breakfast/Registration Exhibit Room

8 – 9 am “Spinal Cord Stimulation: How to Improve Patients’ Long-Term Outcomes for Failed Back Syndrome and Other Painful Conditions”

Michael Frey MD

9 – 10 am “A Treatment Strategy for Better Outcomes in Fibromyalgia”

Joseph Biundo MD

10 – 11 am “Clinical Evaluation of Shoulder Problems”

*Robert C Mipro Jr MD
VA Medical Center
Assistant Professor of Medicine
Louisiana State University Health Sciences Center
New Orleans LA*

11 am – 12 pm “Surgical Treatment of Shoulder Problems”

*Felix H “Buddy” Savoie III MD
Medical Director, Tulane Institute of Sports Medicine
Lee C Schlesinger Professor,
Department of Orthopaedic Surgery
Chief, Division of Sports Medicine
Tulane Medical Center
New Orleans LA*

A Special Thank You



SSPMR 2008 Educational Objectives

At the end of this session, participants should be better able to

“Laboratory Diagnosis of Rheumatic Diseases”

Joseph Biundo MD

....review the commonly used lab tests related to rheumatic diseases; describe the newer tests available; demonstrate how Acute Phase Reactants can help in the management of patients with inflammation or infection.

“EMG Pearls”

Stephen Kishner MD

.... outline the evidence based treatment of carpal tunnel syndrome; update electrodiagnosis of steroid myopathy and critical illness neuropathy/myopathy; evaluate and test with up to date methods in ulnar and median neuropathy.

“The Truth about Vertebral Augmentation: What Companies Will Not Tell You About Vertebroplasty, Kyphoplasty, & Sacroplasty”

Michael Frey MD

....recite statistics from the most recent studies regarding the safety and effectiveness of vertebroplasty, kyphoplasty, and sacroplasty for Sacral Insufficiency Fractures (SIFs).

“What Physiatrists Need to Know about Osteopathy and Manual Medicine”

Ronald Tolchin DO

.... discuss various types of manual medicine; evaluate the quality of studies available for manual medicine of the spine; determine the safety and efficacy of the studies; outline the limitations presented by the studies; review future directions and needed research in manual medicine.

“EMG Findings in Lumbar Spinal Stenosis”

Stephen Kishner, MD

.... discuss the role of dynamic testing in LSS, the role of imaging and electrodiagnosis in LSS, and the role of somatosensory evoked potentials and EMG spinal mapping in LSS.

“Differentiating the Toxins”

Ronald Tolchin DO

.... outline the historical development of the botulinum toxins types a, b, and c; describe their mechanisms of action; determine which toxin is best for treating the following conditions: blepharospasm, hemifacial spasm, cervical dystonia, spasticity, migraines, headaches, back pain, myalgias, piriformis spasm, tennis elbow, thoracic outlet syndrome; outline the toxins' use in cosmetic procedures; discuss contraindications to each type's use.

“Spinal Cord Stimulation: How to Improve Patients' Long-Term Outcomes for Failed Back Syndrome and Other Painful Conditions”

Michael Frey MD

.... outline the history of spinal cord stimulation; discuss the present indications and current technology; determine which patients are the better candidates for SCS before considering referral for same.

“A Treatment Strategy for Better Outcomes in Fibromyalgia”

Joseph Biundo MD

....identify newer concepts regarding the disease process in fibromyalgia; highlight the short cuts to diagnosis; present a basic treatment strategy that is most helpful in managing fibromyalgia.

“Clinical Evaluation of Shoulder Problems”

Robert Mipro MD

....identify the more common shoulder problems seen in clinical practice; demonstrate the diagnostic physical examination tests for the shoulder; differentiate between a partial and a complete rotator cuff tear; determine which patients are candidates for shoulder injections.

“Surgical Treatment of Shoulder Problems”

Buddy Savoie MD

....identify the more common surgical procedures for shoulder problems, recite each's safety and effectiveness statistics for various diagnoses; describe repair for a partial vs a complete rotator cuff tear; determine which patients are better candidates for surgical shoulder repairs.

SSPMR REGISTRATION FORM
May 9 - 11, 2008, The Iberville Suites, New Orleans, LA

Registration includes Friday evening's reception, Saturday and Sunday mornings' continental breakfasts, Saturday's lunch, 3 coffee/beverage breaks, all educational sessions, entrance into the exhibit room, a notebook with conference materials, and CMEs.

PLEASE PRINT CLEARLY:

Name _____				
Address: _____	City: _____	State: _____	Zip _____	
Phone: _____	Fax: _____	Email: _____		

Check Below the Appropriate Categories and Total Your Fees:

_____ I am registering as an SSPMR member <i>by April 15</i>	\$329.00
_____ I am registering as an SSPMR member <i>after April 15</i>	\$379.00
_____ I am not an SSPMR member*, registering <i>by April 15</i>	\$379.00
_____ I am not an SSPMR member*, registering <i>after April 15</i>	\$429.00
_____ I am a retired PM&R physician, or a 1 st or 2 nd year practitioner registering <i>by April 15</i>	\$229.00
_____ I am a retired PM&R physician, or a 1 st or 2 nd year practitioner registering <i>after April 15</i>	\$279.00
_____ I am a Physical Medicine and Rehabilitation Resident.....	\$ 0.00
_____ I will be attending Saturday evening's dinner activity	\$ 50.00
_____ My spouse/guest will join me at the dinner activity	\$ 50.00
TOTAL.....\$ _____	

_____ Check here if you require **special accommodations**. The meeting planner will call you to discuss these needs.

Cancellation Policy: A cancellation fee of \$50.00 will be charged if written cancellation is received on or before April 15, 2008. After that date, only substitutions can be made prior to the conference.

Where to Send this Registration: Please write a check to SSPMR in the amount totaled above, and mail to SSPMR, PO Box 330298, Atlantic Beach FL 32233-0298.

Questions: Please call SSPMR at 904 270 8886, fax 904 246 9233, Lorry4@earthlink.net

**Member Application on Reverse Side of This Form*

**SOUTHERN SOCIETY OF
PHYSICAL MEDICINE AND REHABILITATION**
Application for Membership

NAME _____

BUSINESS ADDRESS _____
(number and street)

(city, state, zip)

BUSINESS PHONE _____ FAX _____

EMAIL _____ HOME PHONE _____

MEDICAL EDUCATION

COLLEGE _____

DEGREE RECEIVED _____ YEARS ATTENDED _____

INTERNSHIP

HOSPITAL _____

DATES ATTENDED _____

RESIDENCY

HOSPITAL _____

(number, street, city, state, zip)

DATES ATTENDED _____

SPECIALTY _____

CHAIRMAN OF DEPARTMENT _____

BOARD CERTIFICATION _____
(name of Board) (year certified)

MEDICAL LICENSE _____
(state) (year)

HOSPITAL APPOINTMENTS:

MEMBERSHIP IN LEARNED SOCIETIES:

MEDICAL SCHOOL FACULTY APPOINTMENT

(name of school)

(department) (academic rank)

Signature and Date _____

Please include a check for \$100.00, written to SSPMR. This will be your application fee and dues for 2007.